

### FOR DELEGATED CAREGIVERS

Student:	DOB:
Procedure Written on:	
By:	
Reviewed on:	Reviewed on:
By:	By:
Reviewed on:	Reviewed on:
By:	By:

## **INSULIN DOSE GUIDELINES**

Type of Insulin:\_\_\_\_\_

1. Student is:

Not independent. Student needs complete assistance with insulin administration.

• Caregiver to draw up, check dose with another trained caregiver, and administer insulin.

 Refer to Procedure for Injectable Insulin Administration

 Refer to Procedure for Insulin Pen Administration

Partially independent. Student needs assistance from caregiver with drawing up and checking insulin dose but administers injection independently.

- Student will draw up or dial appropriate dose of insulin.
- Caregiver will verify number of units in syringe or insulin pen and check dose with another trained caregiver.

Completely independent. Student requires no assistance from caregiver with drawing and administering injection.

2. Supervision of insulin injection

Caregiver will administer insulin according to *Procedure for Injectable Insulin* Administration or *Procedure for Insulin Pen Administration*.

Caregiver will observe student inject medication.

Student will administer injection without supervision.

#### 3. Insulin dosage is ordered for:

Lunchtime	
When blood sugar reading is greater than	
When student has ketones present	

Lunch time dose of insulin should be held if student's blood glucose is below 80. Please defer to *Diabetic Reaction of High or Low Procedure* and call district nurse

#### 4. Lunch insulin dosage:

\_\_\_\_\_unit of insulin per \_\_\_\_\_\_grams of carbohydrates in lunch.

Divide total number of carbohydrates by :

Carbohydrates	Insulin Units
	1
	2
	3
	4
	5
	6
	7
	8
	9
	10

Sliding Scale for blood glucose over: \_\_\_\_\_

Blood Glucose	Insulin Units
	1
	2
	3
	4
	5
	6
	7
	8
	9
	10
	11
	12
	13

# Add number of units together based on carbohydrate count <u>and</u> blood glucose level for <u>total number of units</u> of insulin to be administered at lunch.

- 5. Insulin should not be administered immediately prior to dismissal unless parent is available to pick up student.
- 6. Record date, time, and number of units per physician's orders with initials on daily blood glucose log.

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Orders transcribed from :